

Signs of Problem Gambling in Teens



Carrying gambling materials such as dice, cards, or poker chips



Gambling with money that is supposed to be used for lunch, the bus, or gas



Skipping class or other school activities to gamble



Lying to friends or parents about gambling



Gambling has caused problems in relationships with close friends or family



Borrowing, stealing, or selling items to get money to gamble



Gambling because of loneliness, depression, boredom or trying to forget problems

We're here to help you.

If you or someone you know shows any of these signs, it may indicate a gambling problem.

For help, call the **Problem Gambling Helpline** at **1-800-GAMBLER**.

Or the **Michigan Gaming Control Board - Responsible Gaming Section** at **888-223-3044**.



Get more helpful tips at DontBetOnYourFuture.org.

