



Signs of Problem Gambling in Seniors



Neglecting bills



Using savings, insurance, retirement, or investments to gamble



Large credit card debt because of gambling



Neglecting health or personal needs



Mood changes with wins and losses



Withdrawing from family, friends, or regular activities

We're here to help you.

If you or someone you know shows any of these signs, it may indicate a gambling problem.

For help, call the **Problem Gambling Helpline** at **800-270-7117**.

Or the **Michigan Gaming Control Board - Responsible Gaming Section** at **888-223-3044**.

